	MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES CHILD AND ADULT CARE FOOD PROGRAM AT-RISK AFTER SCHOOL PROGRAMS	ISSUED 8/06	REVISED 2/12	CHAPTER 7	SECTION 7.8
	POLICY & PROCEDURE MANUAL				
CHAPTER		SUBJECT			
Chapter 7. Meal Service		Meal Service Times			

This policy will apply when scheduling meal times and when approval is granted for meals claimed for reimbursement in all Child and Adult Care Food Program at-risk after school programs. Reimbursement for meals will only be made when meals are served during the center's approved meal times as listed on the Center Information Sheet in the CACFP Application database. Meal times may be changed as needed, within the requirements of this policy, and through revision and approval of the Center Information Sheet in the CACFP Web-based system at: <a href="https://dhssweb04.dhss.mo.gov/cnp">https://dhssweb04.dhss.mo.gov/cnp</a>.

## **Approved Meals**

On school days, after school snack and/or supper meals may be served at any time after the children's school day has officially ended. The at-risk after school program is limited to reimbursement for one snack and/or one supper meal per participant per day.

With approval from the Missouri Department of Health and Senior Services – Bureau of Community Food and Nutrition Assistance (MDHSS-BCFNA), meals may be reimbursed if they are served on weekends, holidays and school breaks, <u>during the regular school year only</u>. With MDHSS-BCFNA approval, meals and snacks served on weekends or holidays may be served at any time of day. Breakfast or lunch may be served in lieu of supper on weekends, holidays, or during school vacations during the regular school year. **At-risk after school programs cannot operate during the summer months**.

The at-risk after school program must operate at least two and a half hours after school in order to be approved for snack or supper service. The at-risk after school program must operate at least three hours to be eligible to serve a snack and a supper meal. There should be at least two hours between the end time of one meal service and the start time of the second service. It is not a requirement that either the snack or supper be the first meal served.

## **Meal Duration**

When scheduling meal times, the following guidelines will be used for approval:

#### Snack

- Snack service may be approved for after school or after early supper service.
- Snack service may be scheduled no earlier than two hours after the completion of the previous meal or snack.

# Supper

• Supper service may be approved for after school or after early snack service

## Weekends, Holidays and Vacations

With MDHSS-BCFNA approval, a snack and any one meal (breakfast, lunch, supper) may be served per day on weekends, vacations or holidays during the regular school year. It is

alright to vary which meal and/or snack will be served by day (due to weekend services), as long as the institution is not claiming more than one meal and one snack per child per day.

Reference: CACFP 08-2012, February 17, 2012

7 CFR 226.17a(k)

<u>Time of meal service [7 CFR 226.20(k)]</u> State agencies may establish requirements for the amount of time a meal service can last, and the amount of time to elapse between meal services or require that meal services not exceed a specified duration.

<u>CACFP policy 293</u> states that in order for a meal to be claimed it should be served at a time traditionally considered as the normal serving time for such a meal.

<u>CACFP Policy 597</u>, <u>Question F-2 State</u> agencies may, at their discretion, establish reasonable timeframes for the service of after school snacks/suppers.